



News & Views

SEPTEMBER 2023

Let's rememBER!

Upcoming Events

- Sept. 21: Monthly
 Dinner Meeting 6 pm
 Giannilli's II
- Oct. 5: Board Meeting
- Oct. 11: Spring Tea
 Committee Planning
 Meeting 6 pm
 Thirty's Craft Pizza & Beers
- Oct. 19: Monthly Dinner Meeting - 6 pm Giannilli's II



Deadline for the next newsletter is Friday, October 6.
Please send committee reports, community events, articles, kudos and advertisements to cpalm121@comcast.net OR latrobebpw@yahoo.com before

ello, September! It's the start

of the Fall season and the official kickoff to the "BER" months! Or as I like to think of it a time to rememBER those long warm sunny days and firework filled nights, time spent outdoors relaxing and enjoying the simple things in life that summer had to offer.

As the new season approaches, let's remember to gather together the third Thursday of every month for dinner and fellowship. To share our **#becauseofbpw** reasons for becoming a part of our sisterhood with the ladies we know and come to know by inviting them to join us. And to mark our calendars for our National Business Women's Week event on October 19th and our

Vendor Show on November 16th.

Planning is already underway for both of these club favorite gatherings.



And lastly, let's

remember to *Do Good Things*. A simple phone call to someone you haven't talked to in a while, a moment of your time to lend a hand, an offer of support for the causes that have a connection near and dear to your heart.

So welcome BER months, I'm looking forward to spending time with you.

-Tracy



that date.

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Member Spotlight BPW Round Up BPW News Member Networking

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September 2023



We're thrilled to shine the spotlight on Hannah Hamilton, a member of Latrobe BPW for 5 years.

Hannah loves BPW for the opportunity to meet new people and forge meaningful connections. She enjoys being part of a group of incredible women, fostering a sense of belonging and purpose.

For those just joining BPW, Hannah's advice is invaluable: jump into committees to connect with fellow members and consider sitting at different tables during meetings, a simple yet effective way to expand your network within the organization.

As the proud owner of Integrity Plus Realty in Greensburg, Hannah's passion for her work shines through. She relishes collaborating with her agents and staff, and the joy of interacting with new clients regularly.

Away from the hustle and bustle of work, Hannah finds her slice of paradise through boating and spending time at her cabin during the summer months. Her love for adventure takes her to different corners of the world, like her upcoming 17-day trip to Greece and Cairo with her husband Bob. She is also an avid reader and enjoys indulging in creative crafts.

Joining BPW was initially a leap for Hannah, prompted by an invitation from a friend. Though the number of women at first seemed daunting, she soon discovered a supportive community that embraced her warmly.

Not many people know that Hannah is adopted. She has connected with her biological family, unveiling siblings and step-siblings.

As retirement beckons later this year for both Hannah and her husband she looks forward to new adventures.

We're happy to call Hannah a BPW sister. Meet her at the next meeting. For all your real estate needs message her at bob@integrityplusrealty.com

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September 2023



Dinner Committee

September Dinner Meeting:

Date: September 21, 2023

Event Location: Giannilli's II, Route 30 West, Greensburg

Deadline for Reservations: Thursday, September 14

PAYMENT OPTIONS: Cash/Check/Credit \$25 Prepay via PayPal \$27 (link on dinner reservation)

LINK TO RESERVE: https:// forms.gle/otgDL2e9zSE14QtJ7

REMINDERS

We require an accurate dinner count, so in order to do this, it is imperative that the reservations are received by the RSVP date. Cancellations must be made to

(<u>latrobebpwdinner@gmail.com</u>) prior to 6 days before the meeting date.

Questions about Reservations? latrobebpwdinner@gmail.com

Committee chairs: Send your round-up items in for the next newsletter's Round Up.
Committee Reports are due by first Friday of each month. Send them to latrobebpw@yahoo.com

Membership

Please welcome two new members!

Dinner guests:

Carrie Hamley and Terri Snow joined our sisterhood last month.

Please invite your friends, co-workers, and wonderful women that you meet to dinner.

Ask our membership team, Tina Grace and Maria Newill, for our "business" card and membership application to share with your guests.

BPW ONLINE STORE IS OPEN!

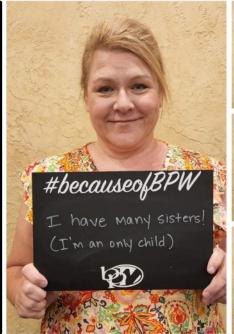
Show your BPW spirit with our new line of logo wear! You can shop 24/7/365 online through our member partner Unity Printing. Order your gear by the end of each month and it will be delivered to you at the following month's meeting! Check out the great items at: www.unityprinting.com/bpw



#becauseofBPW

What's YOUR #becauseofBPW?

Think about the many reasons why YOU are a part of this amazing sisterhood of like-minded women. Share your #becauseofBPW on social media or at our next meeting.









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SEPTEMBER GUEST SPEAKER: Westmoreland Conservation District

Chelsea Walker, Watershed Program Manager





Please give a warm welcome to Chelsea Walker. Chelsea serves as the Watershed Program Manager of the Westmoreland Conservation District.

Welcome Chelsea!

Foundation

The Edith Oler Flanagan Disaster Fund is available to any BPW/PA please member who has suffered a financial hardship caused by any reason, such as uninsured medical expenses, fire loss, termination of employment, etc. The awards are based on financial need. www.bpwpa.org

Public Relations

Important Social Media and Website Links!

Website: www.latrobebpw.org

<u>Facebook</u>: <u>www.facebook.com/BPWLatrobe</u> (Business Site)

www.facebook.com/groups/latrobebpw

(Private Member Group—more informal; Business Owners can run ads and share info once weekly; Share Community Events)

Search for us on YouTube, Instagram and LinkedIn

ISO: Chairwomen and Committee members for the 2023-2024 year. Please email latrobebpw@yahoo.com if interested.

Editors Note: This is my first newsletter as "editor".

Please send me content.

Lots of articles make the newsletter more interesting! ~Carol Palmer

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Where do you fit?

Any organization is only as good as its members. Latrobe BPW is more than just belonging. The more involved you are the more rewarding the experience. All members must participate in one of the following committees. Please review the descriptions. You may request placement on a committee you feel best meets your interest and expertise. If you do not specify, you will be assigned at the President's discretion. Please contact Tracy Grace with any questions. 412-303-4321 or tifhill@gmail.com

BYLAWS/ POLICIES & PROCEDURES

This committee prepares amendments to or revisions of the bylaws for presentation to the executive committee for consideration and to the membership for action. Committee chair forwards to district bylaws chair any proposed amendments in district bylaws by appropriate date.

FINANCE

The finance committee prepares an annual budget for the local organization, has general supervision of all expenditures, and assists the local organization in developing a sound financial policy. The finance chair shall be a member ex-officio, without vote of all committees, which distributes money. This committee to plan projects to supplement the budget.

FOUNDATION/LEGISLATION

The foundation/legislation committee promotes interest in and support of the State Business and Professional Women's Foundation. This committee will carry out the legislative programs adopted by the state federations. The committee shall study local legislative needs in order to make recommendations to the local organization.

MEMBERSHIP

The membership committee promotes, expands, stabilizes, and orients the membership. This committee plans induction of the new members and prepares the local organization's yearbook for distribution at the September meeting and maintains membership information.

PUBLIC RELATIONS/ CLUB NEWS

The public relations & club news committee presents state/local programs, and activities through available news media. The committee prepares a public or media presentation in observance of National Business Women's Week in October. This committee also prepares a monthly newsletter, manages the website and any social networking used by the club.

e the

PERSONAL & PROFESSIONAL DEVELOPMENT/ YOUNG CAREERIST

The personal and professional development/young careerist committee encourages recruitment of young people into membership, organizes and coordinates the personal and professional/young careerist program and promotes activities that involve the participation of young people.

DINNER

The dinner committee arranges for the dinner for the monthly meetings. This committee contacts the members for reservations and coordinates with the meeting site.

GOODWILL/ SPECIAL PROJECTS

The goodwill and special projects committee conveys the local organization's wishes to the membership during crisis, illness, or joyful occasions. The committee shall coordinate any assigned projects. In addition to fundraising activities, LBPW also participates in various Goodwill and Special Projects. In the past, these include Salvation Army "Bell Ringing," Project Bundle Up, and BPW/PA State Project. The club encourages all members to select or suggest a project and apply time and talents to drive community impact.

SCHOLARSHIP/STUDENT OF THE MONTH

The scholarship committee advertises to residents of the Greater Latrobe and Derry Area School District information about the scholarship through the news media, guidance office at the senior high schools, and through the Latrobe BPW monthly newsletter. The committee reviews scholarship applications and prepares an award recommendation to the executive board.

The student the month committee coordinates with the Greater Latrobe and Derry Area School District guidance offices to give their student recommendations. The committee will contact the student regarding information necessary for the visit. Will work with the scholarship committee to review scholarship applications.

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September 2023

D3 TICKET FUNDRAISER

Name	/ DESSO FILL FR LIP
Address:	
	注题 W N \$500 CASH \$500 GAS*
Phone	SCAN Winning number taken from the first PA Pick-3 7:00 PM lottery number drawn on
SellerBPW DISTRICT 3 FILL'ER UP—NOV. 24, 2023	FRIDAY, NOVEMBER 24, 2023
BPW DISTRICT S FILL EN UP—NOV. 24, 2025	Not responsible for typographical errors. All unsold tickets become the property of BPW/District 3. Contributions or gifts to BPW District 3 are not deductible as charitable contributions for Federal Income Tax purposes. BPW District 3 reserves the right to substitute gift cards of equal value. Winner should contact seller to claim prize. Winner to receive \$500 cash and *5500 in gas gift cards. Void after 30 days, License \$90 days. Longer \$90 days. License \$
NO. 000 NO. 000 NO. 000 NO. 000	4 numbers per ticket Thank you! NO. 000 NO. 000 NO. 000 NO. 000 NO. 000 NO.

CONTACT ANGELA APPLE <u>AAPPLE@WPA.NET</u>
TO GET YOUR TICKET



Business and Professional Women/PA

You are cordially invited to attend

The 44th Ecumenical Event

Sunday, October 15, 2023

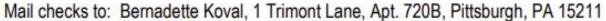
9:00 a.m. - 1:00 p.m.

Washington Country Club

599 Country Club Road, Washington, PA 15301 Phone 724-225-9245

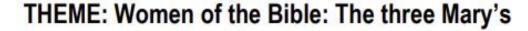
Hosted by: BPW PA

Cost: \$40 (Checks payable to District 12 BPW)



Email: bernie69@comcast.net

Phone: 412-315-7397



Schedule: 9:00 - 9:30 Registration & Welcome

9:30 – 10:30 Ecumenical Service 10:30 – 11:30 Brunch Buffett

11:30 - 12:30 Entertainment/Final Remarks & Closing

Deadline to RSVP - October 10th

Registration form:	alde a
Name:	
Address:	We look forward to sharing
Email:	a beautiful day with you filled with BPW Sisterhood!
Phone	
Local/State	Sincerely,
BPW Title	Denice Robinson
Special requests	



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September 2023



Business and Professional Women of Pennsylvania District 3

"To achieve equity for all women in the workplace through advocacy, education and information."

By Invitation:

Official Call to Fall District Meeting

To: District 3 Officers

District 3 Chairs
Past District Directors
Local Organization Presidents
Local Organization Members

State Distric

State District Directors State Board Members

State Officers

Date: Monday, October 2, 2023

Location: Rock Run Inn at Butler's Golf Course

Time: Registration 5:30 pm

Dinner Buffet 6:00 pm Business Meeting 6:45 pm

Hostess: McKeesport

Mail Reservations to: Carolyn Ralph

1008 Pennsylvania Ave. Irwin, PA 15642

Cost: \$30.00 per person (includes \$3.00 registration fee)

Final deadline is Friday, September 22, 2023 - Please use the attached Reservation Form

Make checks payable to: McKeesport BPW

All Committee Chairs please email a copy of your report to Deborah Bowman dbowmanlbpw@gmail.com by Sept. 22, 2023.

Please note: All Locals are responsible to bring a \$30 themed basket for the basket auction.

Please inform Cathy Caccia ccaccia@comcast.net the name of your basket. A sincere thank you is in order from all of District 3 to the Locals for their basket donations.

Remember, all District 3 members in good standing, in attendance, have voting privileges. We hope to see every Local in District 3 well represented.



Angela Apple District Director 230 Lentz Road Latrobe, PA 15650 aapple@wpa.net (C) 724.787.8718 Deborah Bowman
Corresponding Secretary
518 Kenmore Ave.
Greensburg, PA 15601
dbowmanlbpw@gmail.com
(C) 724.875.4948

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September 2023

Pennsylvania Federation of Business and Professional Women's Club, Inc.

BPW/PA District 3 – Fall District Meeting Monday, October 2, 2023 Rock Run Inn at Butler's Golf Course 798 Rock Run Road Elizabeth, PA 15037

RESERVATION FORM

Dinner Buffet: Chicken Marsala, Pasta Bolognese, Red Parsley potatoes, Herb butter green beans Salad, rolls & butter, coffee, soda and tea

Please note on your reservation if you have dietary restrictions*

Mail to:	Carolyn Ralph 1008 Pennsylvania Ave.	
	Irwin, PA 15642	
	Phone: 724-861-8456	
	Email: crlynrlph@msn.com	
	\$30.00 per person (includes \$3.0 Checks made payable to McKees NO REFUNDS after Wednesday,	
Local Organizat	ion:	
Please make	dinner buffet reservatio	n(s) for the following individual(s):
	<u>Name</u>	
LO President:	<u> </u>	<u> </u>
LO Members:	¥	
	2	
	2	
	\$	
	Title	Name
District Officer		
		<u> </u>
		9
District Chair		-
District Chair		(7)
		g)
BPW/PA Guests		3
Past District Dire	ector:	<u> </u>
		.50
	Enclosed is a check for \$	made payable to: McKeesport BPW

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CONGRATULATIONS

to our very own Joy Klohonatz on winning the

Westmoreland County Chamber of Commerce's Athena Award!



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BY-LAWS POLICY & PROCEDURES REVIEW

DUE Sept. 29th

An email containing the current version (2022) of Latrobe BPW By-Law/P&P will be sent to all members. Please review and submit all suggestions for changes to Nicole Purnell by 9/29.

(npurnell930@gmail.com).

This is your chance to have a VOICE in our rules/regulations!

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BPW/PA State Updates

BPW PA Book Club

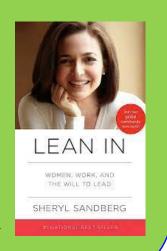
October 19

7 pm

Lean In:

Women, Work, and the Will to Lead

by Sheryl Sandberg



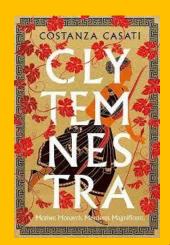
BPW PA Book Club

November 30

7 pm

Clytemnestra

by Costanza Casati



BPW/PA State Resources:

http://www.bpwpa.org

Watch for THE BUZZ emailed every

Monday morning.

Weekly e-blast of BPW/PA.

Missing the email?

Contact bpwpawebmaster@gmail.com

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September 2023

MEMBER NETWORKING—PLEASE SUPPORT OUR BPW BUSINESSES



SEPTEMBER

5—Dawn Berkebile

6—Debby Lopuch

13—Theresa Rusbosin

19—Tracy Grace

20—Terri Dominick

23—Sharon Shirey

27—Aimee Dempsey

30—Deborah Bowman

30—Kerri Hummel



Angela's Angels



H. Lowe, model

Prom appointments available!

Do you know a young lady in need of her prom wear for free?

Angela's Angels is a 501(c)(3) non-profit organization whose purpose is to provide **FREE PROM WEAR** to local Economically Disadvantaged High School Young Ladies.

NEW for 21 ★ Calling ALL Ladies

Looking for a special occasion dress or gown for a fraction of the cost?

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September 2023









Are you a client of Petite Feet Pet Care or Doolittle's Pet Services?





Receive a 5% discount at either business for as long as you're a client at the other!

Petite Feet Pet Care and Doolittle's Pet Services have teamed up to offer a discount to our perspective clients. How does it work? It's simple!

If you are a client of Doolittle's, you will receive a 5% discount at Petite Feet Pet Care on all services, each and every time! The same goes for Petite Feet clients - they will receive a 5% discount for life at Doolittle's!



DENEEN KROWICKI REALTOR®

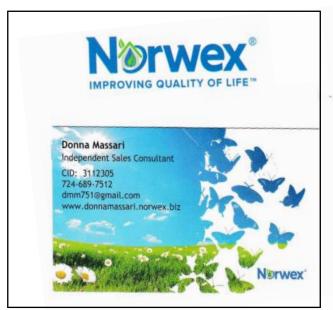
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September 2023









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- File conversion
- Presentations from text files

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Emaillatrobebpw@yahoo.com



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September 2023

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Why stay in a hotel when you can Stay Inn Latrobe!

Stayinnlatrobe.com

Beth Ridge

Owner stayinnlatrobe@comcast.net 412-601-0706

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Alice's Apples & Sweets will be taking a break from Vendor Shows this summer while I prepare for my daughter's wedding and enjoying our pool.

We are still available for special orders – anything from apples to cupcakes to a treats bouquet for that special dancer, swimmer, or graduate in your life. Customizable treats at a reasonable price. Contact me at 724-244-7246 or Alicesapples17@gmail.com

Thank you, Latrobe BPW members, as always for your support... you have all been incredible!

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September 2023



Stacy L. Lemmon, CRNP
Community Medicine Inc.
Partners In Health - UPMC

Leverington Office Complex
3520 Route 130, Building One
Irwin, PA 15642
T 724-744-2043
F 724-744-3677
lemmons2@upmc.edu

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