



# News & Views

**NOVEMBER 2024** 

#### **Upcoming Events**

- November 21: Holiday
   Market, Latrobe American
   Legion 6:00 pm—8:30 pm
- December 5: Board Meeting



NEWSLETTER DEADLINE

Deadline for the next newsletter is Friday, December 6.
Please send committee reports, community events, articles, kudos and advertisements to cpalm121@comcast.net OR latrobebpw@yahoo.com before that date.

I must be very honest – Halloween is not my most favorite event! I'm just not into vampires, bats, ghouls, and the rest! But one of the things I do enjoy is Trick or Treat!! Seeing the faces of the kids when they get their candy is precious ... that such a little thing can bring so much joy!

Yes, it IS the little things!!! The sound or smell of rain, hugs, fresh sheets on your bed, puppy breath, or hanging out with friends and laughing until you cry!!! What's your "little thing"?

It's also showing kindness, love, compassion, and empathy. You'll be surprised how much a smile can do for someone; both you and with whom you're sharing your smile. If they're having a really bad time, no matter what it might be, your smile can brighten their day, their life.

Our lives are so busy that it's easy to forget the little things, so enjoy them when they happen – one day you may look back and realize they were actually big things.

My theme for the year is #beliveinthepossibilities. It doesn't seem possible to gain so much happiness from so little. Even our Collect reminds us .... "Grant that we may realize it is the little things that create differences, ...". Find the little things in your life that bring you joy!

Happy Thanksgiving to you and your families!!!!!

#### Barbara

#believeinthepossibilities #dreambelieveachieve #becauseofBPW





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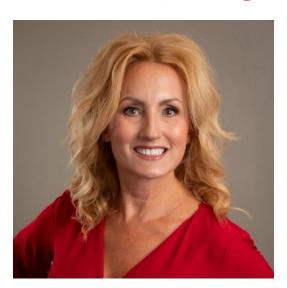
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## Member Spotlight



**Dawn Pomaybo** 

Dawn Pomaybo is a trailblazing leader and philanthropist deeply committed to empowering women and promoting gender equity through her innovative initiatives. As the Founder and President/CEO of Pomaybo, Inc., a human capital management company, Dawn brings over 20 years of expertise in business and organizational development, offering strategic insights that drive performance improvements for diverse clients.

Dawn's passion for supporting women is most profoundly demonstrated through her roles as Executive Director of the WIN Women's Interactive Network and President/Founder of WIN-Spirations, a 501(c)(3) organization. Under her visionary leadership, WIN has become a dynamic platform where professional women network with purpose, fostering connections and providing critical support. WIN's initiatives have positively impacted thousands of women and men, helping them navigate professional landscapes and achieve their career aspirations.

WIN-Spirations, founded by Dawn to extend the WIN initiatives, is dedicated to reducing poverty and building gender equity by offering networking, professional mentoring, and educational opportunities to women facing economic hardship. The organization focuses on removing employment barriers and providing essential job training and support, empowering women to secure sustainable employment and achieve financial independence throughout WPA.

The WIN Workforce Development Program Center in Greensburg, PA, exemplifies these efforts by providing comprehensive job training and placement assistance. This program supports economically challenged individuals with mental health diagnoses, intellectual disabilities, substance abuse issues, or those at risk of homelessness, helping them gain the skills and opportunities needed for sustainable employment.

Moreover, the WIN Resource Center in Tarentum, PA, offers a dedicated space where women in need can access free professional clothing and ongoing personal and professional development through mentorship and education. This center serves as a safe and supportive environment for women to utilize technology and services crucial for advancing their professional lives.

Dawn Pomaybo's unwavering dedication to supporting women through the WIN initiatives continues to inspire and uplift countless women, making a significant impact on their personal and professional lives. Her commitment to philanthropy and community development underscores her role as a beacon of hope and empowerment for women striving to overcome economic and social challenges.



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#### **Dinner Committee**

No Dinner in November:

Vendor Event at the American Legion, Latrobe

November 21, 2024

6:00-8:30

#### **BPW Logo Wear**

#### **BPW ONLINE STORE IS OPEN!**

Show your BPW spirit with our new line of logo wear! You can shop 24/7/365 online through our member partner Unity Printing. Order your gear by the end of each month and it will be delivered to you at the following month's meeting! Check out the great items at: www.unityprinting.com/bpw



#### Membership

Please invite your friends, co-workers, and wonderful women that you meet to dinner.

Ask our membership team, Nicole Purnell and Angela Apple for our "business" card and membership application to share with your guests.

RENEW HERE: <a href="https://">https://</a>
<a href="mailto:frms.glerenewbpwmembership">frms.glerenewbpwmembership</a>

#### **Membership Committee**

Please review the membership directory information.

If there are any changes that need to be made, please complete the change form using the google form ( <a href="https://forms.gle/nigAdKwK1jdiP1Nw5">https://forms.gle/nigAdKwK1jdiP1Nw5</a> ). We do have pockets of incomplete data for some members.

There is also now a **Business Appendage** added onto the end of the directory if you would like to search by Business or Employer to connect and support a Latrobe BPW Member.

#### New Member of the Year \* Business of the Year \* Woman of the Year

It's Award submission time again for *Woman of the Year*, *New Member of the Year* and *Business of the Year*. Deadline is **Thursday**, **December 19**.

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#### **Foundation**

The Edith Oler Flanagan Disaster Fund is available to any BPW/PA member who has suffered a financial hardship caused by any reason, such as uninsured medical expenses, fire loss, termination of employment, etc. The awards are based on financial need. www.bpwpa.org



#### **Public Relations**

# Important Social Media and Website Links!

Website: www.latrobebpw.org

<u>Facebook</u>: <u>www.facebook.com/BPWLatrobe</u> (Business Site)

#### www.facebook.com/groups/latrobebpw

(Private Member Group—more informal; Business Owners can run ads and share info once weekly; Share Community Events)

Search for us on YouTube, Instagram and LinkedIn

ISO: Chairwomen and Committee members for the 2024-2025 year. Please email <a href="mailto:latrobebpw@yahoo.com">latrobebpw@yahoo.com</a> if interested.

#### **Editors Note:**

Please send me content.

Lots of articles make the newsletter
more interesting!

Thank you ~Carol Palmer

Committee chairs: Send your round-up items in for the next newsletter's Round Up.
Committee Reports are due by first Friday of each month. Send them to cpalm121@comcast.net OR latrobebpw@yahoo.com

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Latrobe Business and Professional Women present

# HOLIDAY MARKET



# **Shop Local Vendors and Artisans**

baked goods and sweets, hand-crafted gifts, candles, clothing, pet items, children's books and more

> Food available for purchase by American Legion Post 515

**NOVEMBER 21, 2024** 

6:00 PM - 8:30 PM

American Legion Post 515 1811 Ligonier Street, Latrobe

www.latrobebpw.org

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Latrobe BPW is cleared to ring the bell on Sat. Dec. 7th at Latrobe Giant Eagle from 9 A.M. to 5 P.M. The Salvation Army has a new method to sign up online which makes it very easy to schedule. If you would send out an email to our members, asking them to volunteer, you could include the info so that they can sign up online. Here's the pertinent information:

#### Latrobe BPW Salvation Army Bell Ringing

When?: Saturday, Dec. 7 -- 9AM-5PM

Where?: Latrobe Giant Eagle

Why?: Because you are a good person & love making a difference in our

community!

Go to <u>registertoring.com</u> and from there follow the prompts to sign up.

Choose the **ringing with a group option.** The group code is <u>BPW2024</u>. There is a 2 person minimum per each 1 hour time slot. Make sure you click on the **red reserve shifts button** at the top of the **available shifts page & the finish button.** The website is informative especially for those who have not participated previously. You should receive a text the day before from the Salvation Army as a reminder (make sure you include a cell phone # when completing the form) If you are not able to fulfill your time commitment please try and find someone to take your place and please let Susan Mough know at 724-433-3546.

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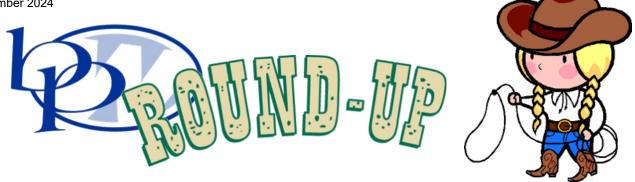
Help us to bring a little Christmas cheer to a Veteran! Our Stocking for Soldiers collection will continue through **December 18th**. We are collecting **handwritten/handmade Christmas cards and items** to help pass the time for a Veteran who is confined in the VA Hospital in Pittsburgh! Cards and items can be mailed to Latrobe Police Department, 901 Jefferson Street, Latrobe, PA 15650, Attn: CSO Straka, dropped off at the station Monday thru Friday during the hours of 8 a.m. and 3:30 p.m. or dropped off at the **Latrobe American Legion Post 515**, 1811 Ligonier Street, Latrobe., by **December 18<sup>th</sup>**.

WORDSEARCH BOOKS CRUBIK'S CUBE YAI TIC TAC TOE I SE JENGA ME PLAYING CARD GAMES SKI ADULT COLORING BOOKS AND CRAYONS PUBLIC HANGMAN BOOKS PIC TABLETOP BASKETBALL AND BOWLING GAMES

CROSSWORD PUZZLE BOOKS
YAHTZEE
I SPY PUZZLE BOOKS
MEMORY CARD GAMES
SKETCH BOOKS AND PENCILS
PUZZLES
PICTIONARY
PICTURE SEARCH GAME BOOKS

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#### YOUR CLUB NEEDS YOU!!









A huge thank you to Nicole Purnell and Angela Apple for taking on the Membership Committee as cochairs. Thank you also to Tina Grace Donkers and Maria Newill for the work they put in to get it started for the year. Watch out for information from Nicole and Angela as they reach out to update information and plan membership events.

## However, we are still in need of a Finance Committee Chair, and Goodwill / Special Projects Committee Chair or Co-Chairs!

The duties of the Finance Committee, which includes the Chair and members, include among others, preparing and presenting the annual budget, supervising all expenditures, and organizing and overseeing the 50/50 and special draws held at the regular meetings of the membership. There are a number of members who have signed up for the committee, but they need a leader!!!!

The Goodwill and Special Projects Committee, which is by far the most popular of the Committees, can be comprised of a number of "sub-committees", each of which has a specific task. For example, someone to convey the organizations wishes to the membership during crises, illness or joyful occasions. Someone to coordinate any assigned projects. If you would like to coordinate these "sub-committees" and report back to the Board and membership, please talk to any of the Board members for more information.

As you are aware, ALL members are required to participate in any one (or more) of the Committees. This means as a Chairperson or a member. Please consider supporting your club by signing up and helping us fulfil our Mission Statement.

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#### **MEMBER NETWORKING — PLEASE SUPPORT OUR BPW BUSINESSES**



5—Tina Grace Donkers

9—Kim Wing

11—Amy Hood

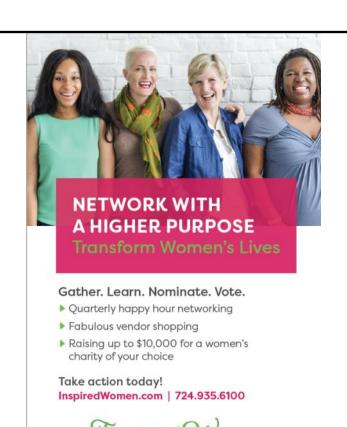
18—Beth Ridge

21—Adison Lemmon

22—Debra Franco

23—Tina Capatch







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Alice's Apples & Sweets will be taking a break from Vendor Shows this summer while I prepare for my daughter's wedding and enjoying our pool.

We are still available for special orders – anything from apples to cupcakes to a treats bouquet for that special dancer, swimmer, or graduate in your life. Customizable treats at a reasonable price. Contact me at 724-244-7246 or Alicesapples17@gmail.com

Thank you, Latrobe BPW members, as always for your support... you have all been incredible!

#### BERKSHIRE **HATHAWAY**

HomeServices



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MLS





### **5 LOVE LANGUAGES**

KNOW YOUR LOVE LANGUAGE KNOW THE LOVE LANGUAGE OF OTHERS. SPEAK THEIR LANGUAGE TO IMMEDIATELY IMPROVE YOUR RELATIONSHIPS.

#### WORDS OF AFFIRMATION

VERBAL OR WRITTEN COMPLIMENTS.



#### ACTS OF SERVICE

DOING THINGS FOR OTHER PEOPLE.



#### PHYSICAL TOUCH

LOVE IS FELT THROUGH TOUCH, AND GENERAL PHYSICAL PRESENCE.



#### QUALITY TIME

GIVING YOUR TIME AND ATTENTION TO ACTIVE LISTENING AND MAKING TIME FOR LOVED ONES.



#### RECEIVING GIFTS

ENJOY GIETS AND TANGIRI E SYMBOLS OF THOUGHTFULNESS AND EFFORT.



90 Minute Fun Workshop given by Faerie Grace

Gary Chapman, 1992, The 5 Love Languages

\$10 Call 724-689-9501



- Weddings
- Reunions
- Fundraisers
- Company Parties
- Anniversaries
- Graduation
- · Holidays/Birthdays
- Outdoor Pavilion with bathrooms

**Event Center Manager** Beth Ridge

724-672-8818

perstowneventslatrobe.com beth@cooperstowneventslatrobe.com Visit us on Facebook!



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TEAGUE OF YOUR OWN

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